

# Amogowin Ayaang

"Gaawin nimanomanji'osii..."

"Ningii-gagwedwe ji-gaganoonag mashkikiwinini aaniin enwaadeg gaa-waabamigoowaan..."

"Ningii-gagwejmama nimashkikiwininiim o'o... (bikozhagewin, wiisagendamowin, aanjiseg niyaw...)"

## 1 Onatoon Ji-waabamigoowin

Gimino-ayaawin naagajitood gaganoonzh (gimashkikiwininiim, mashkikiwikwens, aakoziwigamigoosan ge-biindigeyamban).

Maagizhaa ningoji ji-izhaayan o'o apii.

## AMOGOWIN GAA- ANDOOSHKAMOWAAD

• Giwiisookaag, enawemadwaa, gaa-naagaji'ikwaa amogowin onji ji-wiiji'ikwaa amogowin ayaayan.

## WRHA INDIGENOUS HEALTH

- Amogowin eyaawaad onji
- Aanikanootamaagewin
- Aabadakin Bemendang
- Zaagiziwind Onachigewin
- Izhitwaawining Naagaji'iwewin
- Giigidootamaagewin
- Odaakoziig Ge-aabajitooaawad

## 2 Andooshkiganan

**Daa-aabadadoon:** zhaabwaatesijiganan, miskwiin, gemaa bangii ji-bakozhigoowan.

## 3 Mekigaadeg

Wegonen mekigaadetg iga-wiindamaag gimashkikiwininiim gemaa bakaan enanokiid. Giin igo gidaa-wiindamaagoo gemaa gidaa-ganoonigoo bebakaan izhi. Gidaa-binaa gaye awiya enawemad, ji-aanikanootamaag gemaa mino-ayaawin gechiwaag onji ji-wiijiwig.

## 4 Nagishkodaading Ji-nanaandawi'iweng

Gidaa-gaganoonaa gaa-gikendaasod nanaandawi'iwewinan.

Aanind nanaandawi'igoowin daga awashime gegoon ji-izhichigengiban megwaa wiiji'igoowin dazhiikaagoowin.

## 5 Naagajichigewin

Giga-miinigoo bikish gegoo giin onji aaniin ji-doodaman megwaa naagaji'igoowin.

## 7 Niigaan Naagaji'iwewin

- Ji-ani-naagaji'igoowin
- Ji-meshkwajisind gimino-ayaawin naagajitood
- Giigewin zhigwa ji-aanike-izhichigeng
- Bakaan miinawaa wiiji'iwewinan

## 6 Dazhiikewin

**Daa-aabadadoon:**

- Maajizhwaawin
- Bizhishig (mashkikiin) wiiji'iwewin
- Zhaabwaatenigoowin
- Niinamid Naagaji'ind/moozhi'owin
- Giigewin zhigwa ji-aanike-izhichigeng
- Bakaan wiiji'iwewinan
- Giishin andawendaman Anishinaabe izhichigewin (an) gemaa bakaan gegoo ji-izhichigeng, giga-dazhindaamin ini.

 **CancerCare Manitoba**  
ActionCancerManitoba





# Amogowin Ayaang



Aakozii-mazina'igan ate ge-noonde-gikendaman.  
Ganoonzh Patient & Family Support Services bezhig ji-ondinaman.

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## Patient & Family Support Services

(204-)787-2109

Inaabin [cancercare.mb.ca](https://cancercare.mb.ca)  
ji-gikenimiyaang.

Bakaan gagwedwewinan,  
abooshke Cancer Care Manitoba Cancer Navigation:

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## Cancer Navigation Services

1-855-837-5400

gema [cancercare.mb.ca/navigation](https://cancercare.mb.ca/navigation)

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## WRHA Indigenous Health

1-877-940-8880

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## Bakaan gegoon onji giigidon

204-787-2197 gema 1-866-561-1026