

## Regimen Reference Order - BRST – vinorelbine (weekly for 2 doses)

ARIA: BRST - [vinorelbine (weekly x 2) q21d]

**Planned Course:** Once weekly for 2 weeks, then 1 week off until disease progression or unacceptable toxicity (1 cycle = 21 days)

**Indication for Use:** Breast Cancer Metastatic

**CVAD:** Preferred (VESICANT INVOLVED)

**Proceed with treatment if:**

**ANC equal to or greater than  $1 \times 10^9/L$  AND Platelets equal to or greater than  $75 \times 10^9/L$**

❖ Contact Physician if parameters not met

### SEQUENCE OF MEDICATION ADMINISTRATION

#### Pre-treatment Requirements

Drug	Dose	CCMB Administration Guideline
Not Applicable		

#### Treatment Regimen – BRST – vinorelbine (weekly for 2 doses)

Establish primary solution 500 mL of: normal saline

Drug	Dose	CCMB Administration Guideline
<b>Days 1 and 8</b>		
vinorelbine	25 mg/m <sup>2</sup>	IV in normal saline 50 mL over 6 to 10 minutes by gravity infusion <i>Slower or faster administration causes vein irritation</i>
normal saline	125 mL	IV over 15 minutes <b>*Nursing Alert:</b> This volume is to be administered after standard flush

In the event of an infusion-related hypersensitivity reaction, refer to the ‘Hypersensitivity Reaction Standing Order’

### REQUIRED MONITORING

All Cycles

Day 1

- CBC, serum creatinine, urea, liver enzymes and electrolytes as per Physician Orders

Day 8

- CBC

**Recommended Support Medications**

<b>Drug</b>	<b>Dose</b>	<b>CCMB Administration Guideline</b>
metoclopramide	10 – 20 mg	Orally every 4 hours as needed for nausea and vomiting

**DISCHARGE INSTRUCTIONS**

- Instruct patient to continue taking anti-emetic(s) at home
- Reinforce applicable safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy

**ADDITIONAL INFORMATION**

- Not applicable