

Regimen Reference Order – BRST – capecitabine (maintenance)

ARIA: BRST - [capecitabine (maintenance)]

Planned Course: Every 21 days for 6 to 8 cycles

Indication for Use: Breast Cancer Adjuvant, post Neo-Adjuvant; HER2 negative

Proceed with treatment if:

ANC equal to or greater than $1 \times 10^9/L$ AND Platelets equal to or greater than $100 \times 10^9/L$

❖ Contact Physician if parameters not met

SEQUENCE OF MEDICATION ADMINISTRATION

Treatment Regimen – BRST – capecitabine (maintenance)

Drug	Dose	CCMB Administration Guideline
capecitabine	1000 mg/m ²	Orally twice daily on Days 1 to 14 , followed by 7 days off Take with food. Swallow whole (Self-administered at home)
capecitabine (XELODA®) available dosage strengths: 150 mg and 500 mg tablets Classification: Cytotoxic, Hazardous		
All doses will be automatically rounded that fall within CCMB Approved Dose Bands. See Dose Banding document for more information		

REQUIRED MONITORING

All Cycles

- CBC, serum creatinine, electrolytes, liver enzymes and total bilirubin as per Physician Orders

Recommended Support Medications

Drug	Dose	CCMB Administration Guideline
metoclopramide	10 – 20 mg	Orally every 4 hours as needed for nausea and vomiting

INSTRUCTIONS FOR PATIENT

- Instruct patient to continue taking anti-emetic(s) at home
- Reinforce applicable safe handling precautions of medications, blood and body fluids for 48 hours after completion of chemotherapy

ADDITIONAL INFORMATION

- capecitabine can cause diarrhea, hand-foot syndrome and neuropathy
- Support protocol is available under **capecitabine maint** in the “Breast Cancer” folder